

# Grading Syllabus

Students are recommended for grading, by their instructor, after training for the required number of classes and demonstrating a proficiency in the required techniques. The grading is a formal occasion and the student is required to receive as well as perform the techniques.

## 5th Kyu Requirements

50 days training plus ability to demonstrate a proficiency in the following techniques :

- Shomen Uchi Irimi Nage
- Shomen Uchi Ikkyo
- Katate Tori Shiho Nage
- Katate Tori Irimi Nage (*Ai Hanmi*)
- Katate Tori Ikkyo
- Suwari Waza Kokyu Ho
- Sanin Gake Irimi Nage

## 4th Kyu Requirements

60 days training plus ability to demonstrate a proficiency in the all the above as well as the following techniques :

- Kata Tori Ikkyo
- Kata Tori Nikyo
- Yokomen Uchi Shiho Nage
- Tsu Ki Kote Gaeshi
- Riyote Tori Tenshi Nage
- Ushiro Kubishime Sankyo
- Shomen Uchi Nikyo
- Sanin Gake Jiyu Waza

## 3rd Kyu Requirements

70 days training plus ability to demonstrate a proficiency in the all the above as well as the following techniques :

- Tsu Ki Irimi Nage
- Shomen Uchi Ikkyo, Nikyo, Sankyo & Yonkyo (*Suwari & Tachi Waza*)
- Yokomen Uchi Shiho Nage
- Yokomen Uchi Irimi Nage (*2 ways*)
- Yokomen Uchi Kote Gaeshi
- Riyote Tori Shiho Nage
- Katate Tori Kaiten Nage (*Giakyu Hanmi*)
- Katate Tori Koshi Nage (*Giakyu Hanmi*)

## 2nd Kyu Requirements

80 days training plus ability to demonstrate a proficiency in the all the above as well as the following techniques :

- Kata Tori Ikkyo, Nikyo, Sankyo & Yonkyo (*Suwari & Tachi Waza*)
- Katate Tori Shiho Nage (*Hanmi Hantachi*)
- Ushiro Riyote Tori Ikkyo
- Yokomen Uchi Gokyo (*2 Ways*)
- Shomen Uchi Koshi Nage
- Shomen Uchi Kokyu Nage (*3 ways*)
- Yokomen Uchi Kokyu Nage (*3 ways*)
- Katate Tori Jiyu Waza

## 1st Kyu Requirements

90 days training plus ability to demonstrate a proficiency in the all the above as well as the following techniques :

- Yokomen Uchi Ikkyo, Nikyo, Sankyo & Yonkyo
- Ushiro Riyote Tori Ikkyo, Nikyo, Sankyo & Yonkyo
- Riyote Tori Shiho Nage (*Hanmi Hantachi & Tachi Waza*)
- Ushiro Riyote Tori Shiho Nage
- Ushiro Riyote Tori Irimi Nage
- Ushiro Riyote Tori Jiyu Ji Garami
- Ushiro Riyote Tori Kote Gaeshi
- Tachi Waza Kokyu Ho
- Katate Tori Jiyu Waza
- Riyote Tori Jiyu Waza
- Morote Tori Jiyu Waza